

BEST LIFE

20 Subtle Signs Your Partner Misses Her

Ex

WE'RE ALL GUILTY OF A LITTLE ROMANTIC NOSTALGIA NOW AND THEN.

By ASHLEY MOOR



→ It's nice to pretend that **every breakup** is a clean break. The reality, of course, is often not the case. As anyone who's been through the ordeal can attest, it's an ordeal full of late-night texts, random crying sessions, and wandering wistful thoughts. Your partner, much as you'd like to believe the contrary, is no exception.

So, if your intuition lately is telling you that something just isn't right with your partner—that her attitude towards her ex is far from normal—then, chances are, you're probably on to something. So, rather than attempting to dismiss your insecurities about the relationship, it's time face your fears and confront her about her actions—that is, after you've thoroughly analyzed the subtle signs that tell you that she just isn't over her ex at all.



9 | She stays in touch with her ex's family.

Even if she has formed an incredibly close bond with her ex's family and has stopped contacting her ex, it can still point to the fact that she hasn't let go of that part of her life, **says** Vikki Ziegler, a relationship expert and divorce attorney. In fact, not only is this continued relationship bad for her current relationship with you, but it can also negatively affect her ex's family if boundaries are not discussed.



10 | She wants to take you to the same places she went to with her ex.

When your partner wants to continue the old traditions that she had with her ex—only now, with you—this should set off immediate alarm bells in your head. According to Ziegler, the fact that she is vicariously attempting to live through old memories of her previous relationship means that she doesn't wish to create new ones with you—therefore subconsciously stifling your current partnership.