

INSIDER

10 dating mistakes you're probably making that are sabotaging your relationships



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RECOMMENDED FOR YOU



Making the same dating mistakes might be keeping you from being happy.

Unsplash/sept commercial

Looking for someone to 'complete' you



You don't want the relationship to turn obsessive. Anne-Marie Pronk/ Unsplash

Love conquers all, especially once you find your true soulmate.

At least, that's how love is interpreted as in movies, music and fairy tales, [Vikki Ziegler](#), star of BRAVO's *Untying the Knot*, told INSIDER.

"Ask any couple who's been together a while and they will say it's not always red-hot romance," Ziegler said.

"When someone is expecting this, it's easy for them to turn to obsessive relationships which can easily turn unhealthy or even abusive. If you recognize that you have this tendency, it's important to come to terms with the fact that most of the time, relationships are about supporting one another, and they shouldn't be an all-consuming infatuation with your partner. If someone is expecting this level of devotion from you, it's time to re-think the union."
