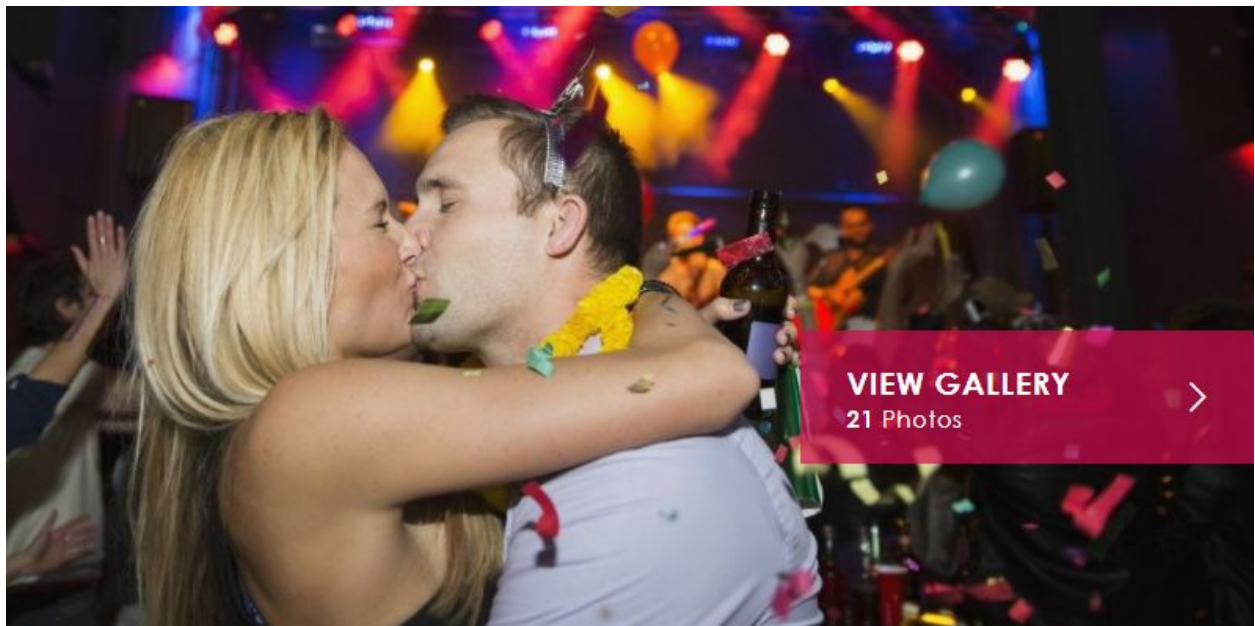


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21 Relationship Resolutions to Make in the New Year

Studies show that being satisfied with your romantic relationship is one of the best predictors of happiness. Resolve to make 2018 your happiest year yet with these bond-strengthening pledges.



“I WILL SAY ‘YES’ TO SEX MORE OFTEN.”

When you're tired and stressed (and who isn't these days?) “no” can easily become your default answer to your partner. “Resolve to remove the word ‘no’ from your relationship vocabulary,” says [Vikki Ziegler](#), a divorce attorney, author, and star of BRAVO TV's *Untying the Knot*. “It is crucial that your partner knows you'll do anything for them without resentment, including making time for intimacy. Even if you don't necessarily feel like doing it, it's important to at least consider your partner's point of view, or work out a compromise, instead of focusing solely on your wants and needs.”